

Fit Guide

Men's

Size	Waist	Chest	Weight	Height
X Small	26	33-35	100-120	Up to 64"
Small	29	36-38	120-145	64"-68"
Medium	32	39-41	145-165	66"-70"
Large	35	42-43	165-180	68"-72"
X Large	38	44-46	180-210	70"-76"
XX Large	42	47-49	210-240	74" and over
XXX Large	46	50-52	240+	74" and over

Women's

Size	Waist	Hips	Weight	Height	Chest
X Small	22	31-33	90-110	Up to 62"	30-32
Small	23	33-35	95-120	Up to 62"	32-34
Medium	25	35.5-36.5	120-140	63-68"	34-35
Large	27	37.5-38.5	140-155	67-71"	36-37
X Large	29.5	40-41.5	155-165	70-73"	38.5-40
XX Large	31	41.5-43	165-175	72-75"	40-41.5
XXX Large	32.5	43-44.5	175-180	72-76"	41.5-43

Arm Warmers

Size	Bicep	Length
Small	9-10"	16 3/4"
Medium	11-12"	17 1/2"
Large	13-14"	18 1/4"
X Large	15-16"	19"

<u>Socks</u>	Women	Men	Euro
SM/MD	6-10	5-9	36-42
LG/XL	10-14	9-13	43-47